

NOTICE IS GIVEN that the **Annual General Meeting of the Chester, Ellesmere Port & Neston Business Forum** will be held at the County Sports Club, Plas Newton Lane, Chester on Thursday 12 April 2007, as the second part of the Members' Meeting to be held on that date.

Agenda

- 1. Apologies for Absence**
- 2. Minutes of the AGM held on 13th April 2006**
- 3. Chairperson's Report**
- 4. Secretary's Report**
- 5. Treasurer's Report and presentation of accounts**
- 6. Membership Secretary's Report**
- 7. Election of Officers and Committee for the year 2007-8**
- 8. Appointment of Scrutineers for the year 2007-8**
- 9. Any Other relevant Business**

Nominations are invited for officer roles and committee membership:

Name of Candidate	
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Position sought (please tick):

Chair	
Vice Chair	
Secretary	
Treasurer	
Membership Secretary	
General committee member	

	Name:	Signature:
Proposed by:		
Seconded by:		

Date:	
Candidate's Signature	

Please post this form to: John Trimble, Secretary CEPN Business Forum, 2 Glebe Meadows, Mickle Trafford, Chester CH2 4QX to arrive no later than 5pm on Monday 19 March 2007.

NEWSLETTER – February 2007

Welcome to the Business Forum's regular Newsletter, covering our February 2007 meeting, and including all usual areas of interest to members.

Next Meeting

Our next meeting will be held on Thursday 8th March 2007 at the County Offices Sports Club, Plas Newton Lane, Upton, Chester, starting 6.30pm for 7.00pm, with usual bar & buffet.

The theme of the next meeting is **"The Chester, Ellesmere Port & Neston Business Forum – meets – The Chester, Ellesmere Port & North Wales Chamber of Commerce."**

This will be a brilliant networking Opportunity for members of both groups, and will be introduced by Lesley George (Forum Chair) and Stephen Welch (Chamber Chief Executive.)

Please note that a £5 levy will be made at this meeting, to cover cost of buffet and raffle entry.

A **speed-networking** opportunity will be run for the members of both groups, giving the members the chance to meet specific targeted individuals after initial "15 seconds of fame" introductions. The session will be overseen by Colin Brown, and his trusty ACME Thunderer!

Members Meeting 8th February 2007

The meeting was a 'MEMBERS ONLY EVENING' which included 5-Minute Presentations from a number of our Members: the theme being 'Who are Our Members & What do they do?'

Our guest speaker was **GEOFF RAYNOR from Afiresolutions**, who gave a most interesting and educational presentation on 'Fire Safety & changes in the Law which affect you!' He explained the new legal responsibilities of owners and employers to produce appropriate Fire Risk Assessments for their premises.

Geoff's presentation was followed by **the member participants, who were:**

1. JOHN TRIMBLE – Training session on the NEW Projector & talk on Expense Reduction Analysis.
2. MARGARET CRONIN – DAC Childcare & Education training providing a flexible alternative.
3. ALEX & DAWN WILSON – Swiss Chalet – Wholesale bakers & confectioners & Farmers Market – suppliers to high class Hotels & restaurants.
4. DON CRONIN – DAC – Helping you to protect & survive in your business.
5. LISA NUTTALL – Forever Living Products – 'The Aloe Lady'.
6. NICK HANZAK – Virgin Vie – 'Making you look good & others feel appreciated'.
7. JORDI MORELL – Obsidian – 'What happens when you press "send"?'.
8. BRIAN WARD – CreditCraft – 'We enable exporters to win business & secure payment'.
9. ALAN CRONIN – DAC – 'Training to secure the Future'.

We also conducted our usual raffle, with deserving winners!! Another excellent reason to be a Forum member.

As you can see there is always a full programme for our meeting. If you would like to feature in any meeting, you can always agree to speak at one of our Members' Showcase slots. Alternatively, if there is a topic you would like to have covered at a meeting, please let us know. Contact Les George at chair@cepnforum.org.uk

Strategic Partnership Update

A meeting of the Partnership took place recently. Look out for a report in our next Newsletter.

Website News

Did you know that the Forum operates a website where your membership and business will be advertised? We can also set up a link to your own website.

Read this Newsletter on the Forum's website, where we had over 1280 visits in the month of February. You've got to be in it to win anything from it!!

Why not log on, visit the site and find details of our strong membership by reading about your fellow members? Is your entry up to date? Do we need to change any member details?

NOTE: We need to update mobile phone details. Please check yours as listed on the site, and advise Mark of the numbers, or of any changes to the numbers listed since you joined the Forum. Thank you.

Let us know by emailing Mark Ireland-Jones at mark@wirralphoto.com

Members

Our member numbers have increased to 66 following on from last month's meetings.

The Committee is actively promoting the Forum on behalf of the membership, but if you know of any Start-up Businesses or existing SMEs you think will benefit from membership, please don't hesitate to tell them about us, or bring them along to our next meeting!

Member News

Good evening/morning.

Trust this finds you well. Hopefully I will be able to catch up with you personally at one of the following events.

There are 2 dates to which I wish to draw your attention.

- Tuesday 6th March 2007 at 6.30pm Better Health Open Evening, 4b Hunter St Chester CH1 2AR Tel: 01244 322 822 A Meditherm presentation on the 'Benefits of Thermal Imaging' including Romey's 'Eat2Eat Buffet' - free admission (gratuities gratefully received for the

Natural Health Solutions Charity*). The purpose of the evening is to raise awareness and give people the opportunity to quiz the experts over from Cambridge.

- Wednesday 7th March 2007 Thermal Imaging with Meditherm at Better Health, 4b Hunter St Chester CH1 2AR Tel: 01244 322 822. The nature of Thermal Imaging, for breast screening, is that a follow-up scan is required 3 months after the initial scan and then subsequently annual scans are taken.

Meditherm are back in Chester at the Better Health Clinic on Wednesday 7th March 9am - 5 pm. They are pleased to welcome new clients as well as carrying out follow-up and annual scans. For those wishing to know more about Thermal Imaging all are welcome to the following:

Further Information re Thermal Imaging

I am spear-heading a fund raising project of which one of the primary aims is to provide a permanent thermal imaging service in N W England and N Wales. The Charity is Natural Health Solutions* (further information can be sent under separate cover).

Thermal Imaging is an ideal way to screen for breast cancer and to help visualise and deal with undiagnosed pain. It basically consists of taking a picture which is made up of the heat signature that comes off the body. There is no contact with the body, there is no radiation exposure to the body. It is just like taking a photograph.

Where can people get more information ? For further information on thermal imaging you can visit www.meditherm.com, or for more information on bookings for 7th March please contact Romey Barnes on 01244 322822.

Healthy Regards

Romey

Romey J Barnes BSc MSc MIFPA NLPP

Have 200 words about your business published here on our Newsletter. If you have any special offers or events you are planning in the near future, you could publicise them here too.

Please send your 200 words to keith@ehrservices.fsnet.co.uk

Attendance at our monthly meetings

All members receive a copy of this Newsletter, as we continue to post out hard copies to all members each month. Members are also now sent a reminder about the meetings approximately one week beforehand. If possible, we would like members to confirm their attendance, or to indicate that they are unable to attend, so that we can cater for correct numbers.

You can help us by emailing the Forum Chair, **Lesley George**, at chair@cepnforum.org.uk. Thank you.

..... and finally,

don't forget our next meeting on **8th March**. All current members and guests welcome – come and meet the Committee and fellow members.